

4-H Awards

List significant awards you received for your 4-H projects or activities you participated in that indicate quality of your work. You may copy this page if more space is needed. Level: club (L), county (C), district (D), state (S), regional (R), and national (N).

Level	Project/Activity	Award	For what received

4-H Leadership

List offices you held, committees you served on, tasks you were appointed to do or jobs you volunteered for. Also include any leadership roles you had in your 4-H project(s). List the leadership role you served in and what you did. You may copy this page if more space is needed. Do not list anything that has been listed in any other section. Tell what the activity was, what you did and where you did it: club (L), county (C), district (D), state (S), regional (R) and national (N).

Level	Leadership	Responsibility/What I did

Other 4-H Activities

List anything you did as a 4-H member, activities or events that you participated in that promoted the 4-H program, helped your 4-H club, and supported your county or state 4-H program that does not fall into any other category for any other part of your record book. Examples include: attending a club party, attending Senior Leadership Retreat, assisting with Tractor Supply Fundraising, talking about 4-H to your school or civic groups, etc. Tell what the activity was, what you did and where you did it: club (L), county (C), district (D), state (S), regional (R), and national (N). Do not list anything that has been listed in any other section.

Level	Other 4-H Activity	What I did

Citizenship Activities Page Directions

(This page is only for explanation. The following page is the one you should write on and turn in.)

List any citizenship/community service activities that you did or helped with. Community service projects include things you did to help your community and the people in it. Community service may be completed as an individual, with a group, or with any organization. **If the community service was specific to a project, please indicate or list project.**

Community service does not include things you did to support or promote 4-H or leadership roles you had unless you gave leadership to a community service project

Use the format and key below.

Key:

Level: In this box, write one of the following:

- L:** for **local** if your community service is done with your club or immediate community (school/city/church)
- C:** for **county** if your community service is done with your county or at a county event
- D:** for **district** if your community service is done with your district or at a district event
- S:** for **state** if your community service is done with the state or at a state event
- R:** for **regional** if your community service is done with multiple states
- N:** for **national** if your community service is done at a national event
- W:** for **world** if your community service is done with a world group.

Role: In this box, write one of the following:

- M:** if you were a member of a group that did the activity
- G:** if you gave leadership to a group doing the activity
- Y:** if you did the activity on your own

of people helped: Write how many people you think you helped in this activity.

Hours worked on it: Write the number of hours you worked on this community service project.

Level	1. Kind of activity- give a brief name	Role	# of people helped	Hours worked on it
	2. Tell what you did.			
	3. Tell what you learned from this community service activity.			
	4. If this was a project related community service, which project?			

Citizenship Activities

If this community service was specific to a project, please indicate or list project.

Level	1. Kind of activity- give a brief name	Role	# of people helped	Hours worked on it
	2. Tell what you did.			
	3. Tell what you learned from this community service activity.			
	4. If this was a project related community service, which project?			

	1.			
	2.			
	3.			
	4. If this was a project related community service, which project?			

	1.			
	2.			
	3.			
	4. If this was a project related community service, which project?			

Non 4-H Experiences

List your participation in school, church and community organizations/activities **OTHER THAN 4-H.**
You made include leadership roles and honors received. Additional pages may be used.

SCHOOL _____

CHURCH _____

COMMUNITY _____

4-H Overall Story

Write a short story about your overall 4-H experiences this year. Here is a suggested format for your story, with the basic outline. Part I- Introduce yourself- remember, people are reading your story that do not know you at all. Include your age, interests, parents, brothers and sisters, where you live, where you go to school, grade, etc. You can always include an attention getting paragraph before your introduction- one suggestion is to use a funny 4-H incident. Part II- Tell how long you have been in 4-H, what projects you completed this year and what club you belong to. What was your favorite activity in 4-H? Part III- Explain how 4-H has helped you become a better citizen and leader. Include leadership roles you participated in, such as offices held, committees served on, etc. and what you have learned working with other 4-H members. Part IV- Include what you liked best about this 4-H year and what was challenging for you and something important you learned this year. Talk about some of the activities you did in 4-H beyond your project work. Include some of your citizenship work and ways you helped promote 4-H this year. Describe how 4-H has influenced you. Part V- Don't forget to end your story! This may be a summary or a final statement, but it should leave no doubt that your story is complete. *Your story should be written or types on 2-5 pages of clean paper (do not use this paper).*

4-H Pictures

You may have up to 2 pages of miscellaneous photos that show you participating in **4-H activities and 4-H events outside of your project work**. Use clean sheets of paper rather than this one. You can include pictures of you helping with community service projects; helping your 4-H club; promoting 4-H or taking on a leadership role not related to one of your 4-H projects as some examples of the pictures that can go on these pages. Label these pages “4-H Activities” and place them behind your overall 4-H story. Use only the front side of the paper. Caption each photo. Remember that it is important to show you doing things in 4-H pictures.